



Ice Cream 5K - Tampa Race Day Information

Event Address & Check-in:

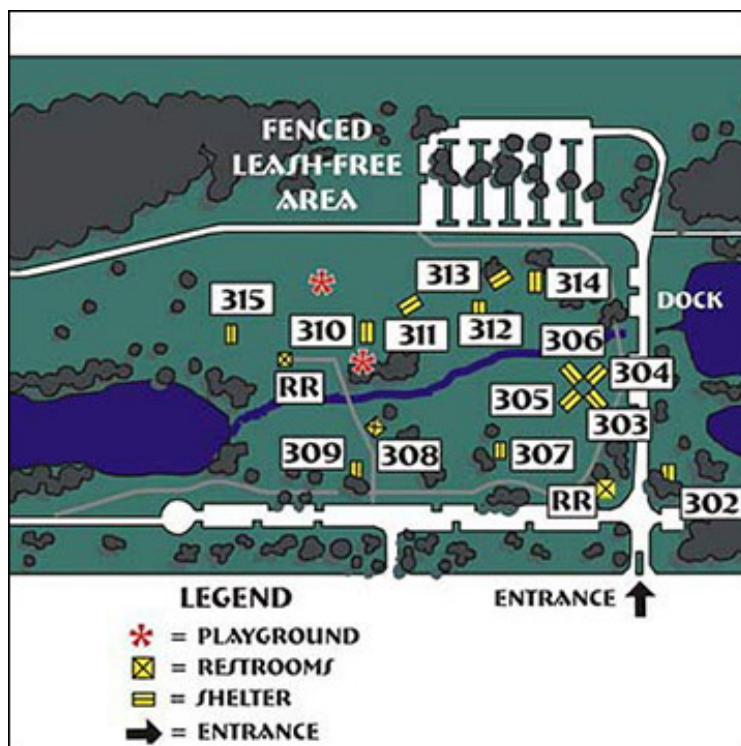
Al Lopez Park

4810 N Himes Ave.
Tampa, FL 33614

Check-In and Day of Packet Pickup:

Check-in and packet pickup will be located in Al Lopez Park: Shelter # 313

- Please go to the Packet Pickup & Check-in tables located in Shelter #313 (see site map below). Packet pickup will begin at 7:00 AM for the Kids 1 Mile run and at 7:30 AM for the 5K. Baby Crawl Packets can be picked up anytime. If you're doing the 5K and you have children doing the mile, you can pickup all the packets at once.
- Race day packets will include a chip for timing. These chips will be located on your running bib. **It is extremely important that you wear the bib assigned to you to ensure accurate timing results.**



Parents:

- If your child is 12 years of age or younger on event day, he or she will have emergency contact information electronically added to their running bib. This information will include: Their name, their parent's name or other emergency contact name and emergency contact phone number. Your child's safety is our number one priority; therefore, the running bib must be worn by all children 12 and under throughout the entire event.
- *By participating in this event and/or allowing your child to participate, you understand and agree that your child's photo may be taken, by our staff, park staff, or any member of the media, for promotional purposes including all marketing outlets such as social media, email, billboard advertising, television commercials, etc., or as news coverage for the event. This includes still photos and videos. This is further outlined in the event waiver.*

After-Party:

- The most important part of this after-party is of course ice cream! Each participant will have a bracelet for the ice cream. Kindly provide this to the ice cream vendor for your post-race ice cream award.
- Stick around for the awards!

General Race Day Information:

- **Weather policy:** This event is rain or shine. If severe weather is in the area, we will delay the event as needed and as allowed by the TPD and the Parks Board. As an absolute last resort, the event will be postponed for the safety of everyone, if it's determined that severe weather could bring damaging winds and storms through the area throughout the day. In the event the race is postponed, your registration will automatically be transferred to the new date (TBD). No refunds will be given if the event is postponed.
- **Lost parent/child:** If you or your child become separated, please go to shelter #313. Please advise your son or daughter to go to this shelter and wait for you, should they become lost. This shelter will be staffed by volunteers at all times. A staff member will contact you based on the emergency contact number listed in connection with your child's bib #. Police officers will also be on duty to assist.
- **Awards:** Please stick around for the award ceremony which will take place at approximately 10:30 AM.

- **Dogs:** Your pet is permitted to run. Please understand your pet may get extremely hot on event day, and unlike you, he/she can't tell us when they've had too much – their dedication to you, makes them push through their pain. Please keep your pet's safety on your mind at all times. If your pet seems to be struggling to keep up, stop and take a break.

Parking:

- There is parking within the park. If those spots become filled, a park worker will direct you to overflow parking

Course Information:

*You may need to click on the photos and expand them for detail.

5K:

The 5K follows a clearly marked course. Runners will start near the parking lot at the back of the park. You'll follow the loop and continue out on the sidewalk of Himes Ave. After approximately a quarter mile, you'll come back into the park to continue the run around the lake (on the right of the photo) and passed the original starting line where you'll run the first loop a second time. On the second pass you'll go onto the blacktop trail (near the community center) and follow it to the finish line.

Don't worry, the course is clearly marked with cones and signage, and we'll have staff members to guide you.



See 1 Mile Course Below:

1 Mile:

This is simple course that will be clearly marked and have volunteers along the route.

